

Voted "Central Maine's" BEST Martial Arts Club

# HUARD'S JIJITSU & KARATE SCHOOL

Since  
1966

*SPECIALIZING IN CHILDREN FOR OVER 40 YEARS!*

**ADULT & KID PROGRAMS  
INCLUDE:**

MIXED MARTIAL ARTS  
KARATE  
KICKBOXING/MUAY THAI  
JIJITSU/GRAPPLING  
CHANBARA  
EXECUTIVE CLASS OVER 35



**Call Anytime!**

**(207)873-0407**

***WWW.HUARDS.COM***